



Parkdale

Evangelical Free Church

Passion for God, Compassion for People

October 4, 2026

Transitional Pastor: Travis Hutchinson

Ministers: Everyone

250-382-7513

parkdaleonline@gmail.com

www.parkdalechurch.ca

1095 Tolmie Avenue, V8X 2H4

*My flesh and my heart may fail,
but God is the strength of my heart and my portion forever.
Psalm 73:26*

Gatherings at Parkdale

Mon	10:00 AM Women's bible study
Tues	11:30 AM Men's coffee time
Fri (bi-weekly)	6:30 PM Youth
Sat (2 nd week)	7:20 PM COBS bagging
Sun	9:30 AM Prayer

- Please ask us about Home Groups!

Upcoming Events

- Oct 25: Snack n Yack Potluck!

Birthdays and Anniversaries

- Oct 5: Minhee Seo
- Oct 9: Lucas He

Schedules

Sunday School

- Oct 4: Andrea
- Oct 11: Dona, Minhee

Coffee

- Oct 4: Sherrie, Leona
- Oct 11: Laleh

Sound

- Oct 4: Michell
- Oct 11: Evan

COBS

- Oct 10: Zion
- Oct 17: Yu

Connecting and Contributing

Special offerings can be allocated to "Building Projects" or the "Benevolent Fund" to meet the special needs in our church.

People are welcome to give via:
An offering box near the coffee table, parkdalechurch.ca/give, mail, or by e-transfer to parkdalebookkeeper@gmail.com

Series “In Christ: The Letter to the Ephesians”

Title: *Alive and Awake*

Scripture: Ephesians 5:3-20 NIV

³But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people. ⁴Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. ⁵For of this you can be sure: No immoral, impure or greedy person—such a person is an idolater—has any inheritance in the kingdom of Christ and of God. ⁶Let no one deceive you with empty words, for because of such things God’s wrath comes on those who are disobedient. ⁷Therefore do not be partners with them.

⁸For you were once darkness, but now you are light in the Lord. Live as children of light ⁹(for the fruit of the light consists in all goodness, righteousness and truth) ¹⁰and find out what pleases the Lord. ¹¹Have nothing to do with the fruitless deeds of darkness, but rather expose them. ¹²It is shameful even to mention what the disobedient do in secret. ¹³But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. ¹⁴This is why it is said:

“Wake up, sleeper,
rise from the dead,
and Christ will shine on you.”

¹⁵Be very careful, then, how you live—not as unwise but as wise, ¹⁶making the most of every opportunity, because the days are evil. ¹⁷Therefore do not be foolish, but understand what the Lord’s will is. ¹⁸Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, ¹⁹speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, ²⁰always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

Please Remember to Pray for...

- † Our Church Board: Ed R, Board Property Trustee.
- † Ministry/Partner: Alcoholics Anonymous.
- † Missionaries: Daniel and Sandi, International Student Ministries at UVic.
- † Our World & Community: The elders of our church, for wisdom and guidance.

Prayer Need?

- Feel free to talk to the pastor after the service, or email us at parkdaleonline@gmail.com to send it to our prayer chain



Need More Information?

- Check out www.parkdalechurch.ca for sermon recordings, past bulletins, online giving, upcoming dates, and more

COBS bread and other food items are in the foyer. Please help yourself!