



Parkdale

Evangelical Free Church

Passion for God, Compassion for People

October 11, 2026

Transitional Pastor: Travis Hutchinson

Ministers: Everyone

250-382-7513
parkdaleonline@gmail.com
www.parkdalechurch.ca
1095 Tolmie Avenue, V8X 2H4

*My flesh and my heart may fail,
but God is the strength of my heart and my portion forever.
Psalm 73:26*

Gatherings at Parkdale

Mon	10:00 AM Women's bible study
Tues	11:30 AM Men's coffee time
Fri (bi-weekly)	6:30 PM Youth
Sat (3 th week)	7:20 PM COBS bagging
Sun	9:30 AM Prayer

- Please ask us about Home Groups!

Upcoming Events

- Oct 25: Snack n Yack Potluck!
- Nov 1: Baby shower @4 PM

Birthdays and Anniversaries

- Oct 17: Val McC.

Schedules

Sunday School

- Oct 11: Dona, Minhee
- Oct 18: Andrea, Ted

Coffee

- Oct 11: Laleh
- Oct 18: Helen, Leona

Sound

- Oct 11: Evan
- Oct 18: Brad

COBS

- Oct 17: Yu
- Oct 24: Cantle

Connecting and Contributing

Special offerings can be allocated to "Building Projects" or the "Benevolent Fund" to meet the special needs in our church.

People are welcome to give via:

An offering box near the coffee table, parkdalechurch.ca/give, mail, or by e-transfer to parkdalebookkeeper@gmail.com

Series “In Christ: The Letter to the Ephesians”

Title: What is Power For?

Scripture: Ephesians 5:21 – 6:9 NIV

²¹Submit to one another out of reverence for Christ. ²²Wives, submit yourselves to your own husbands as you do to the Lord. ²³For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. ²⁴Now as the church submits to Christ, so also wives should submit to their husbands in everything.

²⁵Husbands, love your wives, just as Christ loved the church and gave himself up for her ²⁶to make her holy, cleansing her by the washing with water through the word, ²⁷and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. ²⁸In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. ²⁹After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church— ³⁰for we are members of his body. ³¹“For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” ³²This is a profound mystery but I am talking about Christ and the church. ³³However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

6 ¹Children, obey your parents in the Lord, for this is right. ²“Honor your father and mother”—which is the first commandment with a promise— ³“so that it may go well with you and that you may enjoy long life on the earth.”

⁴Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

⁵Slaves, obey your earthly masters with respect and fear, and with sincerity of heart, just as you would obey Christ. ⁶Obey them not only to win their favor when their eye is on you, but as slaves of Christ, doing the will of God from your heart. ⁷Serve wholeheartedly, as if you were serving the Lord, not people, ⁸because you know that the Lord will reward each one for whatever good they do, whether they are slave or free.

⁹And masters, treat your slaves in the same way. Do not threaten them, since you know that he who is both their Master and yours is in heaven, and there is no favoritism with him.

Please Remember to Pray for...

- ✝ Our Church Board: Paige C., Treasurer.
- ✝ Ministry/Partner: Zion Church.
- ✝ Missionaries: Cecelia H. El Roi Ministries in El Salvador.
- ✝ Our World & Community: General local elections in B.C.

Prayer Need?

- Feel free to talk to the pastor after the service, or email us at parkdaleonline@gmail.com to send it to our prayer chain



Need More Information?

- Check out www.parkdalechurch.ca for sermon recordings, past bulletins, online giving, upcoming dates, and more

COBS bread and other food items are in the foyer. Please help yourself!